

# Tauchclub Extertal e.V.

## Declaration of Health Status



The pressure conditions in water are different from those in air. Therefore, problems can occur when descending and surfacing, especially in the ear, nose and throat area and the cardiovascular system.

Certain pre-existing conditions may exclude you from diving or require special medical examinations. With this declaration you are helping us to make the right decision for you. **However**, having one of these conditions does not necessarily exclude you from taking part in recreational diving. It simply means that you need to seek advice from a medical professional. In your own interest, we therefore ask you to fill out the questionnaire carefully and truthfully so that we can identify possible risks.

**As no medical examination has been carried out to verify your suitability for diving, your signature and health information are required for you to participate in:**

**Trial Scuba Diving, GDL Pool Diver, GDL Basic Diver, or SK Apnoe 1.**

<b>You may be excluded if you: You are advised to see a doctor if you:</b>	<b>Yes</b>	<b>No</b>
are pregnant or suspected to be pregnant		
take medication regularly (except for birth control)		
suffer from an acute illness or are receiving medical treatment		
are under 14 or over 60 years of age		
are a heavy smoker		
have high cholesterol levels		
suffer from asthma or difficulty breathing, especially when exerting yourself		
suffer from a lung disease or have been diagnosed with COVID-19		
have had surgery in the chest area		
are claustrophobic or are afraid of being in enclosed spaces		
you have epilepsy, seizures or convulsions, or if you are taking medication to prevent them		
suffer from memory problems or fainting/unconsciousness		
have had a previous diving accident or have suffered from decompression sickness		
suffer from diabetes		
have high blood pressure or are taking medication to control your blood pressure		
have a heart disease or a pacemaker		
have thrombosis or blood clots		
suffer from ear diseases, hearing impairment or balance disorders		
suffer from an acute cold, a sinus infection or any kind of respiratory problems (e.g. bronchitis, hay fever)		
have had any kind of surgery within the past 6 weeks		
are under the influence of alcohol, drugs or medication that impair your responsiveness, or consume them regularly		
suffer acutely from fever, dizziness, nausea (seasickness), vomiting or diarrhea		
have problems with pressure equalization		
suffer from acute stomach ulcers		
suffer from acute migraines or headaches		
are severely overweight (obese)		

## Closing Statement

**My participation is at my own peril and risk. I expressly waive the organizer and their representatives and assistants as well as my dive guides from claims for any legal reason for damage or injuries that I suffer as a result of my participation in a diving training course for Trial Scuba Diving, GDL Pool Diver, GDL Basic Diver or SK Apnoe 1. This does not apply if they act intentionally or with gross negligence.**

I have been fully informed about the risks associated with diving as well as this disclaimer. I have read and understood the information. All questions were answered to my satisfaction. I would like to take part in the offered training for Trial Scuba Diving, GDL Pool Diver, GDL Basic Diver or SK Apnoe 1, accept the disclaimer and confirm this with my signature.

name, first name:

date of birth:

place, date:

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signature/signature of legal representative

### **For Minors**

If the participant has not yet reached the age of 18, the signatures of the legal representatives, usually both parents, are required. The legal representatives have fully informed themselves about the above content by reading and understanding it.